

SELF-ASSESSMENT

Read each statement & circle the number to the right that best describes you:

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
1. You believe you can change the world.	5	4	3	2	1
2. You try to live each day putting other people ahead of yourself.	5	4	3	2	1
3. You believe good intentions are less valuable than strong actions.	5	4	3	2	1
4. You seek out and work with people who share your values.	5	4	3	2	1
5. You believe that a small action can lead to a big movement.	5	4	3	2	1
6. You believe the key to making an impact is planning ahead and following through.	5	4	3	2	1
7. You value listening over speaking.	5	4	3	2	1
8. You wake up daily with the sense that your life has meaning.	5	4	3	2	1
9. You regularly do things for others who cannot help you in return.	5	4	3	2	1
10. You make it a practice to go out of your way to encourage others.	5	4	3	2	1
11. Your fears don't prevent you from adding value to people.	5	4	3	2	1
12. You proactively add value to members of your family or extended family.	5	4	3	2	1
13. You have a sense of purpose that directs your life.	5	4	3	2	1
14. You look for opportunities to make a difference for others every day.	5	4	3	2	1
15. You regularly take action to help other people reach their potential.	5	4	3	2	1
16. You believe age, gender, race, nationality, and financial ability are not barriers to making a difference.	5	4	3	2	1
17. You regularly team up with others to do things that help other people.	5	4	3	2	1
18. You are often the first person to help someone else in need.	5	4	3	2	1
19. You know your strengths and try to use them every day to make a difference.	5	4	3	2	1
20. You think of your life as a great story and look forward to writing a new chapter every day.	5	4	3	2	1
Add the numbers in each column and total them in this box:	=	+	+	+	+

SCORING

90-100 **World Changer** – You believe you can change the world—and you probably are!

75-89 **Difference Maker**– You are intentional in much of life—keep making a difference.

60-74 **Nearing Intentionality** – You are on the verge of making a difference—go for it.

20-59 **Needing Intentionality** – You need to believe more in yourself and others—cultivate greater intentionality.