

7DayExperiment®

DAY 7: EVERYTHING YOU WANT IN LIFE REQUIRES INTENTIONALITY



Watch: Watch today's short video. Pay attention to the question John asks about how you can keep making a difference.

Think: Most people have a strong desire to make a difference. Deep inside, we desire significance even more than success. That's especially true as we grow older or gain success. How do you want to positively impact the world? How do you want to continue making a difference?

Do: If you know the answers to those questions, then write a declaration for living with intentionality, and write out your plan for achieving significance. Make sure you identify your first tangible step and plan to take that step tomorrow.

If you are not sure how to answer those questions, or if you are but want John's help taking the next steps, then visit [30-day url.url.url.url.url]. There, you can sign up for a 30-Day Challenge with John that will help you to discover your *why*, connect with like-minded and like-valued people, add value to others in your sweet spot, and continue to live a compelling life that matters.

Tell: If you use social media, announce that you've completed the #IntentionalLiving 7-Day Challenge, and challenge your friends and colleagues to do the same. You can also click to share today's big idea on social media:

Decisions don't lose their value because the decision was bad, but because people don't follow through.

