

30DayJourney

DAY 17:
FIND
YOUR *WHY*



Watch: Watch today's short video. Pay attention to the question John asks and his perspective on the day's intentional action.

Think: Think about what one word best describes you. Then begin to put it together with the other elements that help point to your why:

- Your One Word
- What makes you cry
- What makes you sing
- What makes you dream

Are you beginning to see a pattern? Do you see a direction or a cause or a method of adding value to others? It takes most people time to discover their *why*. It may take you weeks, months, or years. But be proactive about making your discovery.

Do: Based on what you know so far about yourself and your journey of significance, write a statement describing your *why* as you currently understand it. If you want an example, here is John's: *I want add value to leaders who multiply value to others*

Tell: Talk to a trusted friend or family member about what you're discovering related to your *why*. If you use social media, post about it using the hashtag #IntentionalLiving. You can also click to share today's big idea on social media:

Find your purpose—your *why*—and you'll find your greatest way to make a difference.

