

DAY 2:  
WALK SLOWLY  
THROUGH THE  
CROWD



**Watch:** Watch today's short video. Pay attention to the question John asks and his perspective on the day's intentional action.

**Think:** Do you truly value people? Do you put others first? If you are indifferent to people, you need to change your attitude. People matter. If you do care about people, but you don't actually show it, that's almost as bad as not caring. You need to think about becoming more *intentional* about the way you treat people.

**Do:** Today, instead of moving quickly from appointment to appointment or place to place, slow down and connect with people by putting them first, ahead of your agenda. Pay attention to what kind of response you get.

**Tell:** After you've spent a day slowing down and deliberately connecting with others, tell someone else about the results. If you use social media, share using the hashtag #IntentionalLiving. You can also click to share today's big idea on social media:

**Watch what happens when you value others  
and put them first.**

