

# 30DayJourney

DAY 23:  
TODAY IS  
ALWAYS THE  
DAY TO MAKE  
A DIFFERENCE



**Watch:** Watch today's short video. Pay attention to the question John asks and his perspective on the day's intentional action.

**Think:** Have you had a traumatic experience like John's? If so, what kind of impact did it have on your thinking? Did it give you a sense of urgency? If so, do you still have it? Or have you lost it as time passed?

**Do:** Yesterday you were asked to do one specific tangible thing to get you closer to fulfilling your dream to make a difference. Today, keep up the momentum and figure out five small specific things you can do to move you or your team closer to making a difference.

**Tell:** After you've done five small things to move toward your dream, tell others about it. If you use social media, share using the hashtag #IntentionalLiving. You can also click to share today's big idea on social media:

**Today is the only day you have  
to make a difference.**

