

# 30DayJourney

## DAY 24: SHARE YOUR BEST



**Watch:** Watch today's short video. Pay attention to the question John asks and his perspective on the day's intentional action.

**Think:** We often take for granted the possessions and opportunities we have. Because they seem normal to us, we underestimate their value. But to a person who has never had the chance to do what you do and have what you have, they may seem spectacular

Think about what you have that you can give or share with another person who could not otherwise have access to it. Maybe it's a possession. Maybe it's access to another person. Maybe it's an opportunity. What do you have? And with whom can you share it? What might you receive back when you give something away?

**Do:** Once you've decided who you can help and how, follow through today in sharing what you have to add value to this other person. Start where you are and start now.

**Tell:** After you've taken action to share what you have to add value to someone else, tell someone about it. If you use social media, share using the hashtag #IntentionalLiving. You can also click to share today's big idea on social media:

**Do something for someone  
that he can't do for himself.**

