

30DayJourney

DAY 28:
EMBRACE
A NEW
DEFINITION
OF SUCCESS



Watch: Watch today's short video. Pay attention to the question John asks and his perspective on the day's intentional action.

Think: In the past, how have you defined success? In what terms did you describe success: career, money, status? Was the state of your family relationships part of your definition?

Think about John's definition. Do you agree that making other gains but losing your family would be a hollow definition of success? What adjustments might you need to make to the way you live your life? How would you write your *finish well* declaration?

Do: Go to members of your family and ask for their honest assessment about whether you have given family the time and attention needed to have them love and respect you the most. If they criticize you, do not defend yourself. Simply listen, and then spend time in reflective thinking to consider how you might need to change.

Tell: After you've taken action to complete Day 28, tell others about it. If you use social media, share using the hashtag #IntentionalLiving. You can also click to share today's big idea on social media:

The first and most important difference we should try to make is in our own families.

