## GUIDE TO INTENTIONAL LIVING

## **30**DayJourney

## DAY 29: YOUR PATHWAY TO A MORE SIGNIFICANT FUTURE



**Watch:** Watch today's short video. Pay attention to the question John asks and his perspective on the day's intentional action.

**Think:** You're nearly finished with the 30-Day Journey. You've trained for and tasted significance. You've developed the habit of taking daily intentional actions. You're starting to get a sense of your *why*. Perhaps you even *know* your why. Do you want to continue making a difference? Do you want to continue to strive to reach your significance potential? If you do, you will need to commit to making intentional living part of your daily agenda. What can you make a way of life that you never want to stop doing?

Do: Today and for each of the next ten days, look at your calendar and to-do list for the day and decide: where do I need to be highly intentional? What is the main event I must think through and then follow through to add value to others?

Take 10 minutes a day to do something significant. Make this a habit, and it will keep you on track for intentional living.

**Tell:** After you've spent ten days examining your calendar, tell others about the results. If you use social media, share using the hashtag #IntentionalLiving. You can also click to share today's big idea on social media:

Intentionally adding value to others today will bring you fulfillment every day.







