

DAY 5:
CREATE
A WIN FOR
SOMEBODY



Watch: Watch today's short video. Pay attention to the question John asks and his perspective on the day's intentional action.

Think: Think about people in your life who really need a win to boost their confidence or help them achieve a breakthrough. Is there one person for whom you could create a win? It doesn't have to be big. It just needs to be theirs.

Do: Decide on the person you will help to experience a win today. Thoughtfully prepare to put them into a position for success, and then usher them across the finish line.

Tell: After you've helped someone win, tell others about the impact it had on them and you. If you use social media, share using the hashtag #IntentionalLiving. You can also click to share today's big idea on social media:

The first step in helping another person's ability to achieve is to help them believe they can.

