

DAY 7:
YOUR SECOND
CLUE ABOUT
A LIFE THAT
MATTERS



Watch: Watch today's short video. Pay attention to the question John asks and his perspective on the day's intentional action.

Think: What *always* makes you happy? What causes joy to bubble up inside of you from deep within your soul? What activity gives you contentment when you do it? The answer will offer you a clue about where you will experience the most joy when you help others.

Do: Your only task today is to identify what makes you sing. If you know what that is, write it down. If you're having trouble answering the question, then brainstorm 5 possibilities and write those down.

Tell: After you've written down what makes you sing, tell others about it. If you use social media, share using the hashtag #IntentionalLiving. You can also click to share today's big idea on social media:

When you identify what makes you sing, and you tap into it, you receive the second major piece of the puzzle for your purpose, your *why*, and see more of your pathway to a life that matters.

